**eTeri varSaniZe**

**hipertenziisadmi diferencirebuli mowyvladobis dadgenis mcdeloba samedicino personalis fsiqotipebis Seswavlis safuZvelze**

**რეზიუმე**

 **gul-sisxlZarRvTa daavadebebi msoflioSi sikvdilianobis wamyvani mizezia da is aris pasuxismgebeli yovelwliurad Cvidmeti milioni adamianis sikvdilisა. am sikvdilianobis TiTqmis oTxmoci procenti naklebad ganviTarebul qveynebSi xdeba.**

 **aRniSnuli problema exeba samedicino samyaroSi momuSave personals, kerZod eqimebis fsiqoemociur sferos. wlebis manZilze xdeba negatiuris dagroveba. fsiqologiuri riskis jgufSi Sedis adamianebi, romlebic TavisTavze Rebuloben sxva adamianebis tkivils, tanjvas, aqvT samuSaos Sesrulebis maRali tempi, maRali pasuxismgebloba, avadmyofebTan da maT naTesavebTan mudmivi kontaqti, daZabuli samuSao grafiki, Ramis ცვლები (morigeoba), didi moraluri da iuridiuli pasuxismgebloba, rac moiTxovs eqstremalur pirobebSi maRal Sromisunarianobas da gamZleobas, ამას ამძაფრებს ara normirebuli kvebis reJimi.**

 **negatiuri faqtorebi, romlebic moqmedebენ samediცino personalze moRvaweobis periodSi mravalmxrivia, esenia nervul–fsiqiკuri gadaZabva, xmauri, gamosxiveba, kancerogenebi, fizikuri დაძაბულობa. nervuli sistemis gadaZabvis faqtors eTmoba meti yuradReba. samedicino personalis Sroma arasodes ar iyo ioli. magram bolo ramdenime wlebis kvlevebma aCvena, rom aRniSnuli profesiis warmomadgenlebში ძალიან გახშირებულია gulis iSemiuri daavაdeba, misi Semdgomi garTulebiT- miokardiumis infarqtiთ.**